



GALETTES BUCKWHEAT FLOUR PANCAKE

WITHOUT GLUTEN, ACCOMPANIED BY GREEN SALAD

LA CAMPÉNÉAC

Potatoes, parma ham, St Paulin cheese

9,70€

LA COETQUIDAN

Goat cheese, slice of lard, honey.

9,40€

LA COMPER

Smoked breast of duck, goat cheese, onion, honey.

9,80€

LA FOLLE PENSÉE

Smoke salmon, lemon cream with chives, grated cheese

9,30€

LES FORGES

Smoked chicken, slice of pepper, eggs, grated cheese

8,70€

LA GUER

Grated cheese, St Paulin cheese, goat cheese and nuts.

9,90€

LA MARETTE

Sausage Guéméné, onions, camembert cheese, apple sorbet

9,30€

LA MÉTAIRIE

Smoked chicken, grated cheese, mushrooms and egg

9,10€

LA MÉVÉNAISE

Fresh salmon with leek cream.

9,50€

LA MEWEN

Sauce tomatoes with mushrooms, ham, grated cheese and egg

9,50€

LA LANVIEL

Ham, grated cheese, mushrooms, egg

8,90€

LA PLÉLAN

Slice of lard, bacon, smoked chicken, egg

9,90€

LA PLOËRMEL

Slice of pepper, mushrooms, artichoke, onions, egg

8,70€

LA PONT DES SECRETS

Goat cheese, slice of pepper, chorizo

8,60€

LA PLUMAUGAT

Sausage Guéméné, slice of lard, potatoes, mustard

9,60€

LA TELHOUE

Goat cheese, nuts, fig jam

8,90€

LA TERTRE

Smoked chicken, chorizo, tomatoes and mushrooms sauce, grated cheese

9,50€

LA TRÉCESSON

Ham, grated cheese, egg

8,50€

LA TRÉCOUET

Bacon, camembert cheese, egg

8,50€

LA TRÉDÉAL

Praws, lemon cream with chives, grated cheese

9,30€

LA VAL SANS RETOUR

Smoked chicken, Sauce tomatoes with mushrooms, artichokes, grated cheese

9,90€

PITCHER WINES

	glass	¼	½
RED Côteaux de Narbonne	3,00€	4,00€	6,50€
ROSÉ Côteaux de Narbonne	3,00€	4,00€	6,50€
WHITE Pays d'Oc	3,00€	4,00€	6,50€

DUOS

IT'S AN HALF-SALAD AND A ENTIRE GALETTE

L'AN TAN	15,30€
Half salad Iffendic and galette Campénéac	
L'AN HOLEN	15,30€
Half salad Sant Jouan and galette Trécouet	
L'AR MOR	15,30€
Half salad Mauron and galette Mévénaise	
L'AN LOAR	15,30€
Half salad Saint Onen and galette Les Forges	
L'AN AER	15,30€
Half salad Monfort and galette Mewen	
L'AN HÉOL	15,30€
Half salad Muel and galette Trédéal	



SALADS

LA SANT JOUAN	13,00€
Green salad, tomatoes, goats cheese toasties, slice of lard, honey	
LA IFFENDIC	13,50€
Green salad, tomatoes, goats cheese toasties, ham, nuts, artichokes	
LA MAURON	13,50€
Green salad, tomatoes, crab flavoured fish, smoked salmon, prawns, artichokes, lemon cream with chives and sarazin toast	
LA SAINT ONEN	13,50€
Green salad, tomatoes, parma ham, smoked chicken, chorizo, tapenade toasties, garlic tomatoes toasties and black olives	
LA MUEL	12,00€
Green salad, tomatoes, slices of potatoes, anchovy, tuna, black olives, slices of peppers	
LA MONFORT	14,50€
Green salad, tomatoes, smoked breast of duck, sausage of Guéméné, smoked chicken	



CIDER SWEET: FRUITY AND DELICIOUS - 3%
The bottle 37,5cl 6,80€ 75cl 13,50€

SEMI-DRY CIDER: FOR THE UNDECIDED - 4.5%
The bottle 75cl 13,50€

CIDER BRUT: THE ESSENTIAL - 5.5%
The bottle 75cl 13,50€

CIDER PRESSURE BRUT ONLY
LOÏC RAISON BOLÉE D'ARMORIQUE Classic safe and pleasant
the bowl 20cl 3,80€
Half 50cl 6,90€
The liter 100cl 13,00€

CIDER ÉCUSSON ROSÉ : THE DELICIOUS - 3%
Cider naturally rosé by the variety of apples Rouge Délice
The bottle 33cl 5,00€
The bottle 75cl 12,00€

CIDER WITHOUT ALCOHOL
Bulles d'Armorique (sparkling apple juice) 25cl 3,50€

L'ABUS D'ALCOOL EST DANGEREUX POUR LA SANTÉ, À CONSOMMER AVEC MODÉRATION - EN CAS D'ALLERGIES ALIMENTAIRES MERCI DE LE SIGNALER



CREPS PANCAKES

LA ANNE DE BRETAGNE

Banana, almonds, black chocolate

6,20€

LA BESNARDAIS

Red berries, black chocolate, almond, strawberry sorbet

6,90€

LA CHUPIÈRE

Chestnut cream, whipped cream and vanilla ice cream

6,60€

LA COCHAIS

Black chocolate, mint and chocolate ice cream, whipped cream

6,50€

LA CROUAIS

Milk jam with salted butter, banana, speculoos, whipped cream

6,80€

LA FANCHETTE

Pear syrup, dark chocolate, whipped cream

6,50€

LA FOLIE

White and black chocolate, whipped cream

6,70€

LA GLAIE

Caramel with salted butter, vanilla ice cream and whipped cream

6,70€

LA LANDE FAUVEL

Caramel with salted butter, pear sirop, almond, chocolate ice cream, whipped cream

7,20€

LA LOUISON

Black chocolate, Smarties candy, candyfloss ice cream

6,00€

LA MADOCÈRE

Milk jam with salted butter, vanilla ice cream, whipped cream

7,10€

LA MEWEN

Apples flamed with Calvados, vanilla ice cream, whipped cream

7,80€

LA PASSIÈRE

Pancakes flamed with Rhum or Grand Marnier

6,10€

LA PARSON

Black chocolate, praline, almond, whipped cream

7,50€

LA PONT ESNAULT

White chocolate, Nutella, candyfloss ice cream

6,50€

LA SAINT MÉEN

Banana, cinnamon, apple sorbet, whipped cream

6,30€

LA TREMLIN

Fresh pineapple, white chocolate, Spéculoos, coconut ice cream, whipped cream

7,20€

DESSERTS

COFFEE INSTANT BRETON

Coffee with Breton sweets

6,20€

TEA INSTANT BRETON

Tea with Breton sweet

6,70€

KOUIGN AMANN HOME MADE

with caramel and vanilla ice cream

7,00€

DARK CHOCOLATE MOUSSE HOME MADE

6,00€

CREPS PANCAKES

SUGAR

2,70€

SUGAR AND BUTTER

3,20€

JAM fig, strawberry, berries, blueberry, rhubarb,

3,20€

FRESH LEMON butter, sugar and lemon

4,00€

HONEY

3,80€

NUTELLA or SPÉCULOOS or PRALINE

4,30€

CARAMEL WITH SALTED BUTTER

4,70€

CHOCOLATE BLACK or WHITE

4,60€

CHESTNUT CREAM

4,60€

MAPPLE SYRUP

3,40€

MILK JAM WITH SALTED BUTTER

5,20€

COMPOSITE ICE CREAM

LA BATZ

Coffee ice cream, coffee expresso, whipped cream

6,10€

LA BELLE ÎLE

Vanilla ice cream, chocolate ice cream, black chocolate, Oréo, whipped cream

6,30€

LA BRÉHAT

Vanilla ice cream, caramel ice cream, caramel with salted butter, whipped cream

6,10€

LA CÉZEMBRE

Mango ice cream, coconut ice cream, mapple syrup, nuts

6,10€

LA GLÉNAN

Raspberry ice cream, apple ice cream, white chocolate, speculoos glow

6,20€

LA GROIX

Caramel ice cream, Apples flamed with Calvados, almond, whipped cream

6,10€

LA HOËDIC

Pistachio ice cream, strawberry ice cream, white chocolate, whipped cream

6,10€

LA HOUAT

Mango ice cream, pear ice cream, yellow lemon ice cream, fresh pineapple almond

6,10€

LA KLEIN

Mint-chocolate ice cream, Get 27

7,50€

LA MOLÈNE

Vanilla ice cream, chocolate ice cream, strawberry ice cream, banana, black chocolate, whipped cream

6,10€

LA OUESSANT

Apple ice cream, green lemon ice cream, calvados

7,50€

ICE CREAM

1 SCOOP 2,50€

2 SCOOPS 4,40€

3 SCOOPS 5,80€

FLAVOURS :

Vanilla, chocolate, coffee, pistachio, mint-chocolate, caramel, coconut, candyfloss. Strawberry, raspberry, apple, green lemon, yellow lemon, mango, pear



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